

12.4.21

Horses for Hope Ltd seeking new Board members.

Horse For Hope is a reciprocal process of people and horses repositioning themselves against problems and seeing new possibilities.

Established in June 2019 as an independent Not for Profit Company, limited by guarantee and Registered Charity. The program had previously operated within Uniting Care since 2006.

Horses For Hope Limited (HFH) began with a small very active board and is now looking to expand membership. While we would specifically like to recruit people with finance and legal expertise, we are open to any person who is willing to commit themselves to the tasks of governance of HFH and who's knowledge and expertise will add value to governance. Any applications received will be considered by the current Board, as balance is sought.

HFH is located at Mooroopna Nth, providing mainly individual counseling sessions for people who often see themselves as having failed with other "talking" type therapies and remain in need of assistance with what are often significant life issues. It is common for these difficulties to have arisen from trauma, abuse, mental health and disability.

We endeavor to assist people to address the impact of difficulties on their lives through the combined use of Narrative Counseling techniques and working to assist horses recover from trauma and difficulties in their lives, which often has included abuse or trauma. These horses are subsequently assisted in their recovery by their experiences with the participants of the program. Hence the reciprocity of the program, people and horses helping each other.

The Horses For Hope program process is a powerful, unique and successful engagement tool, that leads to strong therapeutic relationships that are the foundation of effective therapy.

The program began as a response to the unmet needs of high risk children and teenagers and it's success led to expanding to adults. Recently the NDIS has led to more adults attending.

We operate on fee for service and undertake fundraising to support the program costs and to provide subsidies for people who might be excluded by lack of financial resources.

At Mooroopna Nth currently we provide sessions 4 days a week, plus one day a week being used for admin and management tasks.

We are in the process of establishing a new facility in the Bacchus Marsh area, aiming to replicate the Mooroopna program model.

An independent evaluation was conducted in 2015 and we have been successful in obtaining a grant from the Melbourne Disability Institute, Melbourne University to undertake further research in 2021

For more information contact; Colin Emonson, manager Horses For Hope limited, 0417541778 or email colin.emonson@horsesforhope.org.au. Also check out www.horsesforhope.org.au or our [Facebook page](#).